

# Chiropractic Treatment Improves Your Immune And Endocrine Systems

I'm going to make this easy for you today. Your nervous system, immune system, and endocrine system are inextricably linked so when one system is impacted or gets the right treatment, the others are impacted as well.

This occurs because all three systems share certain molecules that carry messages between them, allowing them to communicate or work together. When I talk about carrying messages, I'm talking about millions of messages going on every second of the day, 24/7.

It is this complex connection that makes [chiropractic](#) an effective treatment for immunity.

While your immune system protects your body from diseases, your endocrine system is responsible for producing certain hormones you need to stay healthy.

These hormones are responsible for regulating tissue function, your sleep, metabolism, sexual function, mood, growth and development, as well as other vital functions.

This is why your chiropractic treatments can often help with things like depression and insomnia; it is even an effective treatment for infertility for some people. We as doctors do not heal anything. The body does all the healing. All we try to do is take out any interference.

When you look at your nervous system from this perspective it is "easy" to see and understand how far reaching it is and how much it impacts the entire body.

## **Benefits of an Improved Nervous System**

There are many chronic and even degenerative health conditions that are impacted by a person's nervous system. Studies have shown that chiropractic is a very effective treatment for numerous neurological conditions including:

- Vertigo
- Cerebral palsy
- Ataxia
- Multiple sclerosis
- Parkinson's
- Epilepsy

- Tourette's Syndrome
- Autism

A patient may seek treatment for some kind of lower back or neck pain or even some limited shoulder mobility, but will often experience many other benefits due to the positive effects that the treatment has on their nervous system.

When there is a communication breakdown between your brain and your body's tissues, organs, and cells, it can lead to a variety of health problems that you would never associate with your back and neck. Chiropractic care at this office provides you and your family a safe, effective treatment for improved nervous system function.

In some cases, a patient may need regular chiropractic treatments that may be once a week or several times a week. The type, frequency, and intensity of the treatment is dependent upon the patient and their condition.

Some walk in with just say a knee problem, or some stiffness in their mid-back. Chiropractic treatment positively affects your nervous system and as a result, positively affects your entire body.

Make an appointment today, and if you're already a patient make sure you stay current on your visits, and refer others so they can get the same kind of relief that you experience. If you're not on a regular schedule maintenance plan, make sure you talk to me today.

*Dr. Sharik Ali, Specialist Chiropractic Physician*

<https://www.forbesmiddleeast.com/chiropractic-treatment-improves-your-immune-and-endocrine-systems>